



What's The Scoop?

Hang in there, Scoop Troop! As finals get hauntingly closer, remember to take care of yourself! Here is the Scoop on events that will uplift your mood! 🧘

Upcoming Schiller Institute Events

Schiller Institute Study Sanctuary

Tired of studying? [Studies](#) show that rest is just as important as studying, and can help boost productivity and retain information.

Join your classmates in taking a break and engaging in heated matches of chess and other board games!

Enjoy delicious food and warm beverages before heading back out to take on the rest of your study guides!



BOSTON COLLEGE
SCHILLER INSTITUTE FOR
INTEGRATED SCIENCE AND SOCIETY

it's **STUDY BREAK TIME!**



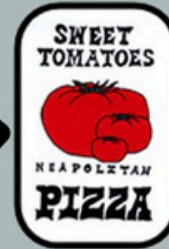
Relax, Recharge, Eat

Schiller Institute Convening Space

(Rm 501)

Wed, December 10th

2-4 PM



BOOK CLUB

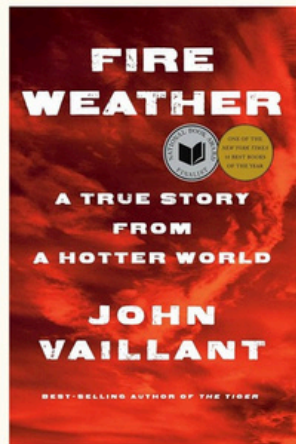


“Fire Weather: A True Story from a Hotter World”

By John Vaillant

FIRST 20
REGISTERED
RECEIVE A
FREE COPY
OF THE
BOOK!

*Join the Schiller Institute to
read Vaillant’s 2024 Pulitzer
Prize Finalist in General
Nonfiction ahead of his talk at
the Lowell Humanities Series.*



Register here!

Upcoming Campus Events



Caring for your mental health during the holidays

- Accept your limitations and be patient with others, too
- Try to see others' points of view and recognize that we're all feeling at least a little stressed
- Prioritize the most important activities & learn how to be comfortable saying "no"
- You may choose not to celebrate at all. Instead of spending the holidays the way you think you should, you might opt for an activity you actually feel like doing, whether it's making a favorite dish or having a Netflix marathon

(McLean Hospital, 2025)

The Cape Cod All-Stars: Summer Internship Applications Now Open

The Massachusetts Housing & Climate Innovation Center (MassHCIC) is now accepting applications for [The Cape](#)

Cod All-Stars, an eight-week summer internship designed for undergrad and grad students passionate about climate resilience and affordable housing.

Live with host families on Cape Cod, receive a stipend, and work directly with local towns and partner organizations to advance independent research on NetZero, resilient, and affordable housing solutions.

Help “crack the code” for the future of climate-smart housing. **Applications are due Jan. 6th!**

[Apply here!](#)



The Cherry On Top

a sweet extra we thought you'd enjoy

Schiller Institute Staff x "4 Minute Meeting"

Even the staff of the Schiller Institute have been running amok this finals season! Here is a snapshot of their "4 Minute Meeting" that was held in lieu of their usual 1 hour check-in.

I watched from my office, and was only able to hear
whispers of women's pantsuits and talks of firing that
lazy editor of theirs.



Let us know what content you'd like to see
featured in *The Scoop*, including fun

opportunities you've had relating to
environment, health, energy and more!

**Reply to this email for a chance to be
featured!**

We are so thankful for you, the Scoop Troop! Make
sure to send The Scoop to your friends and family,
so they can be part of our community as well.

Today's Scoop is the last one of 2025. Thank you
for another great semester! All of us at the Schiller
Institute wish you an enjoyable winter break, and
we look forward to being back in your inbox in
January!

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Anything you want to let us know? reach out to us at:
schiller.institute@bc.edu

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