

# CLINICAL AESTHETICS: COLLAGEN INDUCTION THERAPY



## **An introductory course in minimally invasive skincare treatment**

Designed for the aesthetic provider who is interested in offering a high-satisfaction, minimally invasive skincare treatment with proven clinical outcomes. Collagen-induction therapy is a treatment that creates thousands of “micro” skin punctures to stimulate the skin’s natural wound healing process. The treatment creates a controlled skin injury to stimulate collagen and elastin production to aid in healing acne scars, diminish the appearance of fine lines and wrinkles, and shrink the pores. The result is healthy and radiant looking skin with improved texture.

This course offers a refresher of anatomy and physiology (specifically the layers of the skin), indications and contraindications for treatment, and guidelines for safe, evidence-based approach to the treatment of the face/neck/chest. Participants will attend an in-person, lecture and hands-on training at Boston College’s Chestnut Hill campus. Hands-on training provides small group instruction and practice using an FDA-cleared device under the direct supervision of experienced clinical aesthetic practitioners.

### **This course includes:**

- A review of the FDA-cleared SkinPen® device
- Discussion and demonstration of safe treatment techniques
- Mentorship for client management with practice on live models

### **Eligible participants:**

- Licensed aestheticians
- Licensed cosmetologists
- APRNs
- RNs
- BSN students with clinical experience
- PAs
- MDs
- DOs
- DDSs
- DMDs

### **At the conclusion of this program, participants will be able to describe:**

- Skin layers and the effects of the aging process
- Appropriate screening and client selection criteria
- Safe skin preparation and treatment techniques
- Essential client education and post-treatment techniques
- Potential adverse events associated with treatment

Please Note: Participants are responsible for researching state/local/federal licensing laws and regulations pertaining to these services and ensuring these services are within their scope of practice prior to registering.